



**Delegate Elections
for the
2020 Democratic
National Convention**

**5th Congressional District
Bernie Sanders Caucus**

Voters' Pamphlet

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Candidates for District-Level Delegates to the Democratic National Convention: Bernie Sanders – Congressional District 5

Name	City	Communities of Interest
Valdez Bravo	Lake Oswego	Hispanic/Latinx American, Native American, Veterans or Active Service Members
Stephen Britnell	Happy Valley	Young Democrat
Tyler Cohen	Lake Oswego	Young Democrat
Micheal Ellison	Salem	
Bertrand (Bert) Guptill	Albany	
Laer Haider	Keizer	Asian American/Pacific Islander, People with Disabilities, Veterans or Active Service Members
Deepak Ilango	Salem	Asian American/Pacific Islander, LGBTQ+ American, Young Democrat
Ken Mazur	Lake Oswego	Veterans or Active Service Members
Pacific Stensland	Portland	People with Disabilities, Young Democrat
Lowell Wetzell	Salem	

Candidate statements in this Voters' Pamphlet are provided by the candidate and are not vetted for accuracy, nor do they necessarily reflect the viewpoints of the Democratic Party of Oregon.

Candidates without statements listed in this pamphlet did not submit them to the Democratic Party of Oregon.

Valdez Bravo

CD 5 – Male – Lake Oswego, OR

Candidate: Bernie Sanders

Communities: Hispanic/Latinx American,
Native American, Veterans or Active
Service Members



Statement of Candidacy:

Four years ago, Bernie's vision for an America that works for everyone, not just the 1%, inspired me to get involved in the Democratic Party. I became a Democratic Party PCP and was honored to be the co-whip of Oregon's 2016 National Bernie Delegation. In 2017, I was elected as Vice Chair of the Democratic Party of Oregon. I also wanted to help the community and school that gave so much to me, and in 2017, I ran and won a seat on the Portland Community College Board of Directors. I currently serve as Vice Chair of Health Care for All Oregon. Bernie has changed the political landscape in his calls for #MedicareForAll, a #GreenNewDeal, and tuition-free public college. We must continue that fight. As DPO Vice Chair, I was a DNC member. In collaboration with likeminded allies in the DNC and fellow 2020 Bernie delegates, I will ensure these issues remain at the forefront of our national priorities. I was born and raised in Oregon, and I'm Latino and Standing Rock Sioux. I am an Army Veteran, a husband, father, and a healthcare administrator at the VA hospital. I would be honored to receive your vote.

When you return to Oregon from the Democratic National Convention, what will you do to elect Democrats up and down the ticket in November?

I believe that to win elections, we must reach out to people marginalized from the political process. When I was DPO Vice Chair, I helped achieve Democratic super majorities in the House and Senate. I also co-founded the DPO Native American Caucus to create a space for underserved and underrepresented communities at the table. In addition to canvassing, phone banking, and outreach in support of Democratic candidates, I will continue to create space and opportunities for new voters and for progressive grassroots activists to get involved. We must defeat Donald Trump. But we must also push for much more. The lives of everyday Americans hang in the balance.

For additional information about the candidate, visit:

<https://www.facebook.com/valdezbravo4oregon/>

Stephen Britnell

CD 5 – Male – Happy Valley, OR
Candidate: Bernie Sanders
Communities: Young Democrat



Statement of Candidacy:

I was a retail worker for 3 years, an EMT for over 10, these days I work with and for my wife's business. I am an Eagle Scout. I consider myself a socialist – I believe in M4A, the GND, abolishing ICE, I believe in Bernie's platform. My life was and is privileged but I have seen the struggles of poverty and racism, especially their effects on healthcare in America, and my hope is to fight for all of the justice Bernie's platform strives for – everyone should have food on their table, quality education, and universal free healthcare. My daughter should be able to grow up in a world free from the strife of climate change and the inequalities of capitalism.

When you return to Oregon from the Democratic National Convention, what will you do to elect Democrats up and down the ticket in November?

I donated and phone banked for Bernie Sanders in the primary, I also donated to other progressive candidates. In November I will also donate and phone bank for progressive candidates across the United States. Unfortunately, due to coronavirus I don't think door knocking will be in the cards for November but if that changes, I will support Oregon progressives with my feet also.

Micheal Ellison

CD 5 – Male – Salem, OR

Candidate: Bernie Sanders

Donor: Grassroots Democrat



Statement of Candidacy:

Hello! I am a proud union electrician and father of three. I've been a supporter of Bernie Sanders and the policies he's advocated for since I met him 27 years ago, during his second term in the US House. I am running to be a national delegate because Bernie inspires my belief that things can be better. He has motivated me to commit to what we believe in, no matter how difficult things may seem. I am running because I am still determined to give the working-class a voice at the table, so that we can restore the balance that has been desecrated by corporate greed and influence. I'm running because we still need to push for bold, immediate action on climate change and because I believe that racial & social justice will always be worth fighting for. Like he has told us all along, it's about the movement, not the man. My strong support of Bernie is because of his leadership and his dedication to our movement. Now, I am running to be a Bernie delegate because of my dedication to our movement. It is our movement that is going to make things better, because we still have Us.

When you return to Oregon from the Democratic National Convention, what will you do to elect Democrats up and down the ticket in November?

Currently, I am the volunteer campaign manager for an amazing candidate running for the state legislature and I will continue to give everything I can to help get her elected, as well as advocate for other Democrats on the ballot. I also serve as a neighborhood leader and as the registrar for IBEW Local 280. I am hopeful that we will be able to knock on doors during this campaign, but I will undoubtedly be making phone calls, sending texts, registering voters, and organizing online events from now until election day. To top that off, it's a pretty safe bet that I'll share some snarky anti-Trump memes along the way.

Bertrand (Bert) Guptill

CD 5 – Male – Albany, OR
Candidate: Bernie Sanders



Statement of Candidacy:

As Tip O’Neill said, “All politics is local.” I have been a “Community Activist” since campaigning for Eugene McCarthy in the 60’s. I’ve always been a progressive Democrat and have lobbied in both Salem and D.C. I was a member of the Governor’s Task Force creating “OREGON SAVES”. The BERNIE Movement, centering on involving the Millennial-Z generations and LBCC students, was locally very well received. We spent over 50 Saturdays near the Albany Farmers Market making citizens have to “slow down and think!” HCAO was always invited to join us as was the HRC and other progressive groups. We made it fun! I am a former Civics teacher and an Oregon resident for 42 years. I chose Oregon. Bert Guptill, aka The Oldest Millennial.

When you return to Oregon from the Democratic National Convention, what will you do to elect Democrats up and down the ticket in November?

I have always loved “door-to-door” but alas, that is no more, at least for now. I am an elected PCP in Benton County and will be participating in the Neighborhood Leader activities. We have just elected some great Local and State candidates. As a Berniecrat with multilevel Bernie contacts and experiences, I will work to bring the “disenchanted” of us back, not just on the national scene. The National and State Platforms need to reflect Bernie’s input. That will help secure political unity! Dump Trump, Turn It BLUE!

Laer Haider

CD 5 – Male – Keizer, OR

Candidate: Bernie Sanders

Communities: Asian American/Pacific
Islander, People with Disabilities, Veterans
or Active Service Members

Donor: Capitol Circle



Statement of Candidacy:

I am proud to have the opportunity to represent Oregon Democrats at the Democratic National Convention, and I am asking for your support. I grew up in a military family, across this country and around the world. I joined the Navy as a medical technologist and left as a Command Chief Information Officer. I came to Oregon to work as a Project Manager and Enterprise Architect. As an Asian American and disabled vet, I offer a unique perspective, with first-hand experience with the challenges of minorities, veterans, and the disabled. I support Bernie Sanders and would like to represent the people of Oregon. I believe the nation is at a precipice and needs to change course NOW. Our democracy is already damaged and nearly unrecognizable. We the People must turn out, make our voices heard, take back the White House, and extend our progressive presence in government. In all these areas, we must push back on the stranglehold the wealthy, corporations, and supremacists have put on our government. To these principles, Bernie has dedicated his life, and I believe in them. I hope you do too, and will support US.

When you return to Oregon from the Democratic National Convention, what will you do to elect Democrats up and down the ticket in November?

My wife and I have been active volunteers with the Democratic Party of Oregon for many years – often serving as photographers, while participating in and donating our time, talents, and dollars for party and candidate events, conventions, and fundraisers. These things, we will continue to do for as long as we are able. When we return from the Democratic National Convention, we will remain actively involved in our community, raising awareness, and encouraging people to vote for Democrats. When we can safely knock on doors, we will again canvass in person. We have and will always support Democratic candidates up and down the ticket, and help them get elected, especially those running to flip challenging districts.

For additional information about the candidate, visit:

https://drive.google.com/file/d/1ym7zkICrW7wDzrkMK2QkDYS_xrjiLZkM/view?usp=sharing

Pacific Stensland

CD 5 – Male – Portland, OR

Candidate: Bernie Sanders

**Communities: People with Disabilities,
Young Democrat**



Statement of Candidacy:

I want to represent Bernie Sanders at the DNC. Vote for me and I will do my very best to ensure that Bernie becomes the Democratic Party's Presidential nominee!

When you return to Oregon from the Democratic National Convention, what will you do to elect Democrats up and down the ticket in November?

I will continue my work as a Neighborhood Leader and as a Precinct Committee Person for The Democratic Party of Clackamas County.