



**Delegate Elections
for the
2020 Democratic
National Convention**

**4th Congressional District
Bernie Sanders Caucus**

Voters' Pamphlet

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Candidates for District-Level Delegates to the Democratic National Convention: Bernie Sanders – Congressional District 4

Name	City	Communities of Interest
Matthew Aaron	Eugene	Hispanic/Latinx American, Young Democrat
Christian Avana	Days Creek	LGBTQ+ American, Rural Democrat, Young Democrat
William Belansky	Eugene	LGBTQ+ American, Young Democrat
Alexis Biddle	Eugene	Young Democrat
Heather Bishop	Corvallis	Young Democrat
Michael “Lono” Burke	Drain	Rural Democrat
Jim Cupples	Springfield	Veterans or Active Service Members
Alexander Fitzhugh	Roseburg	LGBTQ+ American, Rural Democrat
Lily Frey	Eugene	Asian American/Pacific Islander, Young Democrat, People with Disabilities
Alan Gormezano	Eugene	Hispanic/Latinx American
Selina Lambert	Corvallis	LGBTQ+ American, Young Democrat
Lauren Little	Eugene	Asian American/Pacific Islander, Young Democrat
Dominick Mendoza	Eugene	Hispanic/Latinx American, Young Democrat
Suzan Mesik	Drain	Rural Democrat
Daniel Oquendo	Days Creek	Hispanic/Latinx American, LGBTQ+ American, Rural Democrat, Young Democrat
Angelique Orman	Eugene	LGBTQ+ American
Louise Prevost	Eugene	
Brit Siler	Brookings	LGBTQ+ American, Rural Democrat, Young Democrat, People with Disabilities
Kat Stone	Roseburg	Rural Democrat
Jean Thomas	Roseburg	People with Disabilities
Tiana Noelani Thorp	Corvallis	LGBTQ+ American, Young Democrat, People with Disabilities

Candidates for District-Level Delegates to the Democratic National Convention: Bernie Sanders – Congressional District 4

Name	City	Communities of Interest
Vasiliki Touhouliotis	Corvallis	Rural Democrat
Keith Ullman	Eugene	

Candidate statements in this Voters' Pamphlet are provided by the candidate and are not vetted for accuracy, nor do they necessarily reflect the viewpoints of the Democratic Party of Oregon.

Candidates without statements listed in this pamphlet did not submit them to the Democratic Party of Oregon.

Matthew Aaron

CD 4 – Male – Eugene, OR

Candidate: Bernie Sanders

Communities: Hispanic/Latinx American,
Young Democrat



Statement of Candidacy:

My name is Matthew Scott Aaron. I am a Democratic Socialist community organizer, “essential” restaurant worker, and student. I believe that this party, the party of FDR, is my party. I believe in this party, and I believe in fighting for the soul of this party. Working people in this country deserve better, this party and this country are ours for the taking. We can do it We must do it. We will do it.

When you return to Oregon from the Democratic National Convention, what will you do to elect Democrats up and down the ticket in November?

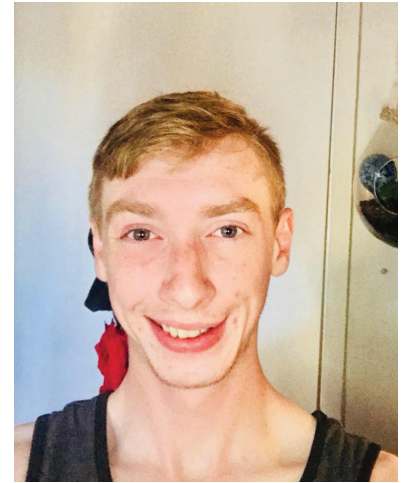
To provide greater access for Oregonians in my district to have access to information and resources to better understand and change the Democratic electoral process in the state. We will make it easier to get on the ballot and easier to know who is on the ballot and why.

Christian Avana

CD 4 – Male – Days Creek, OR

Candidate: Bernie Sanders

Communities: LGBTQ+ American, Rural
Democrat, Young Democrat



Statement of Candidacy:

I am a rural Oregonian, running to push a Progressive Populist platform at the National Convention. I am a strong supporter of Bernie Sanders and have dedicated a lot of time in the last 4 years to get him elected and his policies enacted. I am a Democratic PCP helping push my rural Oregonian neighbors towards more progressive democratic stances on issues. I Co-founded a rural Oregonian activist group, named Borderlands, focused on bringing the fundamental principles Bernie and the base of the party have been pushing for rural areas. The policies I feel strongest fighting for are as follows: Universal Healthcare; ensuring no one is left out due to class; college debt forgiveness; strengthening unions everywhere; enacting a Green New Deal and ensuring Pipelines are never set on american soil again; also enacting a guaranteed Jobs act ensuring no one falls through the cracks due to not finding a job, and last ensuring the right to vote of every citizen even if they are in jail. I will do everything in my power to leverage our progressive voice on behalf of rural america, through hard work and a strong will. Thank you for your consideration as a Democratic Delegate.

When you return to Oregon from the Democratic National Convention, what will you do to elect Democrats up and down the ticket in November?

After returning from the convention, I will utilize my PCP tools and help get people registered as Democrat and maintain motivation for all the Democratic nominees in Oregon. Using the Borderlands group to keep people motivated and informed on policies, as well as to interview candidates running for the public to see. I will be helping to push a Republican, Dallas Heard, out of State Senate seat, District 1, by working as an Adviser to Kat Stone for her Senate Campaign. I will go into the hard to reach rural areas, getting normally non-voters out to vote to ensure a landslide victory. I would also like to help advertise throughout southern Oregon to continue our progression to a more open and compassionate society.

For additional information about the candidate, visit:

<https://www.flipsnack.com/Borderlands/borderlands-voter-suggestion-book.html>

Alexis Biddle

CD 4 – Male – Eugene, OR
Candidate: Bernie Sanders
Communities: Young Democrat



Statement of Candidacy:

My name is Alexis Biddle and I believe that all people have a right to a life of dignity. No one should be denied housing, food, and healthcare or education. I support progressive democrats and believe in grassroots organizing in the same spirit as Paul Wellstone. I spend my career and personal life in pursuit of a more just and equal world.

When you return to Oregon from the Democratic National Convention, what will you do to elect Democrats up and down the ticket in November?

I will knock on doors every weekend. Organize friends to join me. Contribute to campaigns up and down the ticket

Heather Bishop

CD 4 – Female – Corvallis, OR
Candidate: Bernie Sanders
Communities: Young Democrat
PLEO: 2nd Vice Chair, Benton County
Democrats



VICE CHAIR, BENTON COUNTY
Heather Bishop

Statement of Candidacy:

Since 2016 I have committed everything to fighting for change because I was inspired by Bernie Sanders. While becoming a leader in my County Democratic Party, activism and getting progressives elected, I also met my life partner and made lifelong friendships because we all felt called to action. At the heart of everything, Bernie Sanders has inspired and informed my life to change direction in such drastic and amazing ways. I never thought I would have made such important relationships through a shared goal of a better future. I plan to continue this fight through progressive involvement and to never give up. I will proudly represent Oregon if I am elected, Sincerely, Heather Bishop. Endorsed by New Deal Democrats

When you return to Oregon from the Democratic National Convention, what will you do to elect Democrats up and down the ticket in November?

I plan to raise money, knock doors, phone and text bank, hold events, have forums, meet up's and use the experience I have garnered over the last 4 years to activate more voters. I also plan to focus on holding our elected officials accountable to representing our party platform, supporting progressive initiative petitions, push strong legislature and be vocal. I will also make buttons and talk to many strangers and continue talking about all of our amazing candidates.

For additional information about the candidate, visit:

<https://orca-us.org/candidates/>

Michael “Lono” Burke

CD 4 – Male – Drain, OR

Candidate: Bernie Sanders

Communities: Rural Democrat



Statement of Candidacy:

All Americans, ALL Americans, should have a chance to live the American Dream, not just some, not just a few, but all of us. Bernie Sanders knows that, and he's on OUR side. He's the only one who is. It's time to make our government truly "Of the People, By the People, and For the People", and Bernie Sanders, with our help, can make that a reality. I want to advocate for all Americans and Bernie Sanders.

When you return to Oregon from the Democratic National Convention, what will you do to elect Democrats up and down the ticket in November?

I will talk calmly, reasonably, and persuasively, to anyone and everyone to get us out of the current slide into repression we are in.

Lauren Little

CD 4 – Female – Eugene, OR

Candidate: Bernie Sanders

Communities: Asian American/Pacific
Islander, Young Democrat



Statement of Candidacy:

It is a crazy time to be alive right now. The global coronavirus pandemic has awakened not only Americans but the world to the fact that we need to facilitate groundbreaking change in our government systems, in the rules which govern our society, and in the way we discuss the long-term future of our great nation. We must come together and unite under the promise of progress, compassion and growth so that the people of our country continue to prosper with the opportunities that have been available to them and always will be. As a Democrat delegate, I will ensure that the voices of thousands of Oregonians are heard, and make our most pressing ideas known to the public and global sphere. The most important part of this monumental election is securing a positive future for citizens and our predecessors so that something as catastrophic as what is happening now may never happen again.

When you return to Oregon from the Democratic National Convention, what will you do to elect Democrats up and down the ticket in November?

I will do grassroots work to reach out to as many Oregonians as possible before the national election, which will include online outreach, verbal communication about our most pressing national issues with like-minded and dissonant voters alike, and participating in important rallies and protests. I have vocal and passionate friends and family who will join me in my efforts to campaign for our chosen presidential nominee. I will show support to our presidential candidate and ensure that our voice is as strong as it can be. Most importantly, I will reach out to other Oregonian Democrats to discuss the best way forward in ensuring we secure the presidential election in November.

For additional information about the candidate, visit:

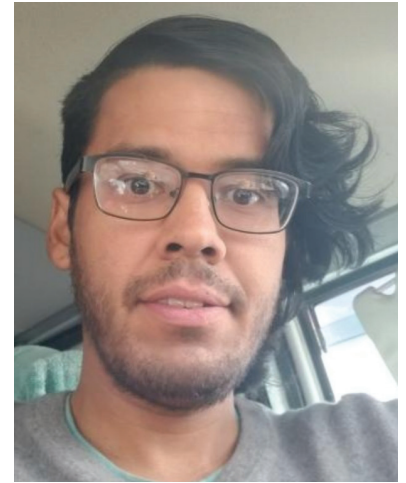
<https://www.facebook.com/laurenlittle.0>

Daniel Oquendo

CD 4 – Non-Binary – Days Creek, OR

Candidate: Bernie Sanders

Communities: Hispanic/Latinx American,
LGBTQ+ American, Rural Democrat, Young
Democrat



Statement of Candidacy:

I am running as a Bernie Sanders delegate to represent the diversity of the Democratic Party. I am a non-binary, queer Latinx and I believe that a diversity of voices brings strength to our nation. Paradoxically, while we embrace the diversity that makes us unique, we must also embrace what unifies us because as different as we are, we all live under the same sun, on the same planet. Our species faces ever increasing existential challenges and Bernie has been shouting progressive policies all his life to ameliorate the conditions outrageous economic inequality has on our society and unfettered capitalism has on our climate. Please select me to help push for the party platform we all need to bring balance to a system rife with injustices in support of Bernie Sanders and the “Us. Not me.” movement

When you return to Oregon from the Democratic National Convention, what will you do to elect Democrats up and down the ticket in November?

Leading up to the general election, I will be volunteering to help get Democrats elected. I am already plugging into a campaign for Kat Stone, a Democratic Nominee to Oregon State Senate, District 1. Since it is important to increase voter turnout, I will put in a strong effort towards voter registration drives

Angelique Orman

CD 4 – Female – Eugene, OR

Candidate: Bernie Sanders

Communities: LGBTQ+ American



Statement of Candidacy:

Humans are at a crossroads. Change is here whether we like it or not. Things are going to get a whole lot better or exponentially worse. The economy and the climate dictate that we are out of time for incrementalism. The economy is crashing and will take years to recover. The climate is on the verge of no return. Without real change our society faces a significant decrease in quality of life. Without a habitable planet nothing else matters. Each of us is charged with the responsibility to do everything we can to create that change. Bernie Sanders inspired me to believe that real change is possible. “When we stand together there is nothing we cannot accomplish.” I fell in love the day the bird landed and have not stopped campaigning since. I tabled, phonebanked, textbanked, registered voters, canvassed, printed hundreds of signs, buttons, and 20,000 bumper stickers. I made three multi-state Bernie Journeys, organized rallies, music festivals, benefits, Bernie and brews, honk and waves and 2 parades. I have traveled 10,000 miles and volunteered over 3000 hours. I would be honored to serve as a Bernie Sanders delegate. Together We Can Create a Better World

When you return to Oregon from the Democratic National Convention, what will you do to elect Democrats up and down the ticket in November?

I will do absolutely everything I can to elect progressive candidates up and down the ballot!

Brit Siler

CD 4 – Female – Brookings, OR

Candidate: Bernie Sanders

Communities: LGBTQ+ American, Rural Democrat, Young Democrat, People with Disabilities



Statement of Candidacy:

Hello, I would be honored to represent our district at the national convention because I am passionate about compassionate government: one that focuses on our rights to life, liberty, and the pursuit of happiness. I caucused for Bernie Sanders in 2016 while studying poetry in Iowa City. I was inspired by our gathering in a room together after work, negotiating our favorites in the primary and casting votes with our voices. I have continued to vote for Democrats, while holding onto the ideals of the Sanders campaign. I am motivated to promote life in the form of accessible healthcare for all and protection of our planet. Liberty means equality for all regardless of race, gender, religion, sexuality, income, and any other quality that might currently divide us. This means, for example, making sure people of color and women receive equal pay for equal work, as well as ensuring racial justice in the penal system. The pursuit of happiness means putting education within reach of everyone, regardless of economic status, defending marriage equality and women's reproductive rights, and establishing a livable wage for all workers. I hope to attend the convention and bring empathy into the general election.

When you return to Oregon from the Democratic National Convention, what will you do to elect Democrats up and down the ticket in November?

In my family, I'm always the only Democrat at the table. That's kind of been my experience in Brookings so far, which has me excited to promote the Democratic platform here! I plan to work with the Curry County Democrats to promote our message of equality in our community. This might mean knocking on doors and hosting information sessions with our local businesses. However, if social distancing measures are still in place, it might mean enthusiastic phone banking, getting clever with the Fred Meyer bulletin board, and hand-writing letters to send out in our neighborhoods. I also plan to use social media, which worked so well for President Obama's campaigns.

Jean Thomas

CD 4 – Female – Roseburg, OR

Candidate: Bernie Sanders

Communities: People with Disabilities



Statement of Candidacy:

A life-long issue activist, in 2003 I became wholeheartedly involved in the political process, working within the Democratic Party to better support progressive values. I actively served at all levels of the Party in Washington state for 16 years before moving to Roseburg last year. In addition, as a Board Member of the Washington State Progressive Caucus for 10 years, I was responsible for education and training, including mentoring members new to the political process. My Facebook page will attest to my ongoing efforts at providing accurate information and encouraging involvement to accomplish meaningful change. I am currently a PCP in Roseburg, and I hope to use my previous political experience to help grow the Party here in Douglas County. I was a Bernie delegate in 2016, and I believe it is critical that the need for progressive change is not ignored during the current coronavirus pandemic. I would greatly appreciate your vote for Delegate to the Democratic National Convention.

When you return to Oregon from the Democratic National Convention, what will you do to elect Democrats up and down the ticket in November?

In addition to serving as a political consultant in the past, my professional expertise is as an editor and communication specialist. However, I am willing to serve wherever needed and to learn from others with more local political experience than I, in order to be as effective as possible.

Tiana Noelani Thorp

CD 4 – Female – Corvallis, OR

Candidate: Bernie Sanders

Communities: LGBTQ+ American, Young Democrat, People with Disabilities



Statement of Candidacy:

I am running to be a Bernie delegate because I believe we need to send organizers to the convention to stand up for the #NotMeUs movement. In July of 2019, I committed my life to doing everything I could to make Bernie the President of the United States and it would be an honor to see his candidacy through to the end. While organizing in Oregon with Our Revolution and Students for Bernie I met many wonderful people who deserve to have their beliefs and values fought for at the convention. My promise is I will never waver in my pursuit of justice and equity for the working class in this country. I know where I have come from and I will never forget. A vote for me is a vote for a champion of the Green New Deal, Medicare for All, College for All, a national \$15 minimum wage, and a just criminal justice system.

When you return to Oregon from the Democratic National Convention, what will you do to elect Democrats up and down the ticket in November?

I offer my skills as an organizer. When Bernie suspended his campaign, I moved to support and organizer for Doyle Canning in the House race for OR-04. I will join the fight to elect anyone who will be a champion of the working class in politics.